

Welcome to China

China. The name alone makes you want to get packing. It's going places, so jump aboard, go along for the ride and see where it's headed.

China is vast. Off-the-scale massive. A riveting jumble of wildly varying dialects and climatic and topographical extremes, it's like several different countries rolled into one. Take your pick from the ethnic mix of the southwest, the yak-butter illuminated temples of Xiàhé, a journey along the dusty Silk Road or getting into your glad rags for a night on the Shànghǎi tiles. You're spoilt for choice: whether you're an urban traveller, hiker, cyclist, explorer, backpacker, irrepressible museum-goer or faddish foodie, China's diversity is second to none.

And few countries do the Big Outdoors like the Middle Kingdom. China's landscapes span the range from alpha to omega: take your pick from the sublime mist-wreathed peaks of Huángshān or the impassive deserts of Gānsù, island-hopping in Hong Kong or biking between the fairy-tale karst pinnacles around Yángshuò. Swoon before the rice terraces of the south, take a selfie among the gorgeous yellow rapeseed of Shèxiàn or hike the Great Wall as it meanders across mountain peaks. Get lost in green forests of bamboo or, if you really want to show off to your friends back home, hike through one of the world's deepest and most dramatic canyons – Tiger Leaping Gorge in Yúnnán.

It's all there, ready and waiting.

Off-the-scale massive...
China is like several different countries rolled into one

Karst landscapes along the Lí River, near Yángshuò (p190), Guǎngxī;



Contents

Plan Your Trip

China's Top 12	4	Local Life	20
Need to Know	16	Month by Month	22
Hot Spots For	18	Get Inspired	
·		<u> </u>	
Běijīng :	34	Mùtiányù	7
	36	Bādálĭng	
Forbidden City		Three Great	
Tiān'ānmén	30	Wall Hikes	78
Square	46		
Temple of Heaven Park	40	Shānxī	80
Summer Palace		at a glance	8
Summer Palace Ming Tombs		Historic Píngyáo	
Historic Hútòng	32	Yúngāng Caves	
Walking Tour	54	Píngyáo	
Sights		Dàtóng	
Shopping		o o	
Eating			
Drinking & Nightlife		Xī'ān & the	
Entertainment		Terracotta	
Information		Warriors	94
Getting There Away		at a glance	9
Getting Around		The Terracotta	
Where to Stay	.67	Warriors	9
		Huá Shān	
The Great Wall	<u></u>	Xī'ān	10
		Sights	10
at a glance	70	Tours	
Climbing the		Shopping	10
Great Wall	.72	Eating	
History of the		Drinking & Nightlife.	
Great Wall		Entertainment	10
Visiting the Wall		Information	10
Camping on the Wall		Getting There	
Jiànkòu		& Away	10
Jīnshānlǐng	.76	Getting Around	

110
112
114
118
120
124 127
127
129
131
132
133
133
136
137
138
140
142
146

Family Travel.



Hong Kong &	
Macau	158
at a glance	160
Victoria Peak	162
Central District	164
Colonial Macau	166
Hong Kong	170
Macau	180
Where to Stay	185

Colonial Macau	166
Hong Kong	170
Macau	180
Where to Stay	185
Guăngxī &	
the Lí River	186
the Lí Riverat a glance	186 188
at a glance	188
at a glance Exploring	188

Yángshuò194 Guìlín197

Yúnnán	202
at a glance	204
Yuányáng Rice	
Terraces	206
Lìjiāng's	
Old Town	208
Hiking Tiger	
Leaping Gorge	210
Lìjiāng	213
Dàlĭ	216

Sìchuān	222
.at a glance	224
méi Shān	.226
.è Shān's	
Grand Buddha	.228
Chéngdū	.230
Sights	.230
Shopping	231
ating	. 233
Drinking & Nightlife	. 233
Intertainment	. 234
nformation	. 235
Getting There	
& Away	.236
Setting Around	236

The Yangzi	
River	238
at a glance	240
Cruising the	
Yangzi River	242
Chóngqìng	
Yíchāng	250

Gānsù &	
the Silk	
Road	254
at a glance	256
Mògāo Grottoes	258
Labrang	
Labrang Monastery	260
U	
Monastery	262
Monastery Jiāyùguān Fort	262 264



In Focus	276
China Today	. 278
History	.280
People of China	.289
Chinese Cuisine	. 294
Arts & Architecture	.302
Religion & Beliefs	.308
China's Landscapes.	313

Survival Guide	316
Directory A-Z	317
Transport	330
Language	334
Index	337
Symbols &	
Map Key	346
Symbols &	

Oriental Pearl TV Tower, Pǔdōng (p125), Shànghǎi KAPITONOV ILIA / SHUTTERSTOCK ®



China's greatest engineering feat meanders across the north of the land

Spotting it from space is both tough and pointless: the only place you can truly put the Great Wall (p68) under your feet is in China. Select the Great Wall according to taste: perfectly chiselled, dilapidated, stripped of its bricks, overrun with saplings, coiling splendidly into the hills or returning to dust. Top: Jīnshānlǐng (p76); Above: Bādálǐng (p77)

2

ISTOPHER GROENHOUT / GETTY IMAGES ©

Boasting ancient Buddhist artefacts, geographic diversity and adventures galore

An impressive length of the historic Silk Road runs through Gānsù province (p254), dotted with sublime fragments of Buddhist civilisations, including the outstanding Mògāo Grottoes (pictured; p258), and leading to the mighty desert fort of Jiāyùguān (p262), while also guiding travellers to the atmospheric Tibetan Buddhist enclave of Xiàhé and Labrang Monastery (p260).

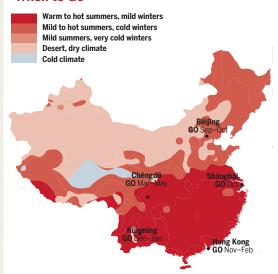


Plan Your Trip

Need to Know



When to Go



High Season (May–Aug)

- Prepare for summer downpours and tourist crowds.
- Accommodation prices peak during the first week of the May holiday period.

Shoulder (Feb-Apr. Sep & Oct)

- Expect warmer days in spring, cooler days in autumn.
- Optimal season in the north, with fresh weather and clear skies.
- Accommodation prices peak during holidays in early October

Low Season (Nov-Feb)

- Domestic tourism at a low ebb, but things are busy for Chinese New Year.
- Bitterly cold in the north and at altitude, and only warm in the far south

Currency yuán (元;¥)

Language

Mandarin, Cantonese

Visas

Needed for all visits to China except Hong Kong, Macau and trips of less than 72 hours to a number of cities including Běijīng, Shànghǎi, Xī'ān, Guìlín, Chéngdū, Kūnmíng and Chónggìng.

Money

Credit cards in big cities accepted. elsewhere less widely accepted. ATMs in cities and towns.

Mobile Phones

Pay-as-you-go SIM cards can be bought locally for most mobile phones.

Time

GMT/UTC plus eight hours